

FoxtOn
We are here.

FoxtOn Impact Report

2025 - 2026





Welcome from the CEO



This year has been a year of change and transition for Foxton. In taking on the new role of CEO in July, it was big shoes to fill after Jeff Marsh MBE. To be the first female CEO in Foxton's 57-year history and the legacy of Foxton's heritage is something I don't take lightly.

Having grown up locally in Preston, Foxton has always been a charity known to those who needed it most over the years. As I undertook this role, we were coming to the end of some of the funding streams that had supported our Homeless Services previously.

We made some challenging decisions this year in ending our Housing Services and restructuring our homeless team. This has helped us consolidate our services and look to strengthen our partnerships across the homeless sector.

The other significant development this year has been the Opening of the new Youth and Community Centre on the site where we have offered our support for over 57 years. This was a huge achievement made possible by the Youth Investment Fund and the hard work of the staff team and especially the young people.

We are also proud of our work in helping develop Preston's Youth Strategy with all the partners for the next 10 years and the contribution that young people made to build it.

Although we know that there are those in our city who struggle daily and are least heard and rarely seen. We want to ensure that they are still able to get support to survive and to help address the health inequalities they experience. We will be looking to work alongside key partners in how we can address this together.

Our key focus this next year is working alongside all our stakeholders both as partners in public, statutory and VCSFE sector in developing joint working approaches to meet the needs of those who need us most.

We have been delighted to win a number of awards this year with the Bibas Community Business of the Year 2025 and Highly Commended for Leadership Team of the year 2025. Our Volunteer Linda was a finalist for volunteers of the year after 16 years volunteering for our women's services and Imogen was a finalist for Young Person of Year at the Preston's Awards. We also celebrated Lucie who won Young Citizen of the year for her work with our Youth Forum and our Ambassadors programme in partnership with Millbank, Places for People.

First and foremost, we want to thank the people who use our services and place their trust in us. Their experiences, resilience, and aspirations are at the heart of everything we do and continue to inspire our commitment to creating positive change.

We are equally grateful to our dedicated staff and volunteers, whose compassion, expertise, and unwavering commitment bring our mission to life every day. Their hard work, often behind the scenes, has a profound impact on the individuals, families, and communities we serve.

Cath Coffey
CEO

Welcome from the Chair of Trustees

Preston has always had people who need a helping hand — who need somewhere to turn when other doors are closed. For 57 years, Foxton has been that place.

This past year has been one of real change. We opened a brand new Youth and Community Centre, designed by young people themselves. We strengthened our work with women experiencing homelessness. We continued to run a Day Centre where doctors, nurses and support workers see people that mainstream services too often miss. And we did it against a backdrop of rising costs, increasing demand and a funding environment that gets harder every year.

Perhaps the most telling measure of what that means comes from the people we support themselves: 97% said they would recommend Foxton to someone in a similar situation. In a city where too many people feel forgotten, that matters.

As trustees, we are 13 people who give our time because we believe Foxton makes Preston a better place — for everyone. We are here to keep the charity accountable, financially resilient and focused on its purpose. But the honest truth is that none of this is possible without the people reading this report.



Donors, volunteers, supporters, Friends of Foxton — you are what keeps these services going. This report is your chance to see exactly what that support makes possible.

We hope it reminds you why it matters. And if you're not yet a Friend of Foxton, we hope it prompts you to become one.

thefoxton.org/work-with-us/friends-of-foxton

John Parkinson
Chair of Trustees

Our Delivery Principles

Foxton exists because we believe that every person, regardless of background or circumstance, deserves dignity, respect, and the opportunity to rebuild their life.

Our mission is rooted in **inclusion, compassion, and a commitment to reaching those who often fall through the gaps of traditional support systems**. Many individuals we work with have lived through long-term trauma, instability, and hardship. Our values therefore reflect both the services we provide and the way in which we engage with people on a daily basis.

We are committed to creating safe and welcoming environments where individuals feel listened to and supported. This commitment has led to the establishment of our Youth and Community Centre, our Homeless Hub, and our Women's Centre.

Empowerment lies at the heart of all our services. We aim to help people regain control of their lives and make informed decisions about their futures. By building a sense of community and belonging, we strengthen resilience and wellbeing. Through advocacy, we work hard to ensure that the voices of marginalised people are heard, understood, and respected.



Our key services

Women's Services

Foxton has delivered outreach and drop-in services for sex workers for 27 years in Preston.

Through Trauma informed practice we support those involved in active sex work and those who use transactional sex in connection to homelessness, Survival skills, trauma bonding and crime gangs, the exploitation of women and sexual violence, use of weapons, risk of homicide /suicide, domestic abuse etc.

Sleepout

In the last year we have increased this service to include daytime provision. We have also raised the profile of homeless women and girls through our SleepOut 3 in partnership with PNE Community Education Trust this year. **Raising a fantastic £60,000 for to be shared across our organisations.** This is for PNE to focus on preventing homelessness for women and girls and for Foxton to support those who

are experiencing the streets.

We also successfully launched our 'Silent Voices' short film which is brought women's real voices about their experiences of being homeless on the streets. We were delighted to launch this with 5 of our women standing alongside our team focusing on training and sharing experiences and breaking down barriers with professionals. We are thankful to Lancashire's Police Crime Commissioner.



Housing Support

In 2026 we sadly ended our accommodation services for the future of the charity. We worked closely with the local authority, our partners in the supported accommodation sector and most importantly with those who resided in our accommodation.

Throughout this process, the staff team prioritised the welfare and continuity of support for all residents and worked collaboratively to secure alternative accommodation.

No one was made homeless by this decision.

Stepping away from direct housing provision will enable the organisation to strengthen and expand its core areas of work and focus on developing a Homeless Hub in the city.

We retain ownership of the house purchased from fundraising for The Big Sleepout in 2019. It will continue to be used to house people who experience homelessness.

Homeless Services

The Homeless Hub has continued to deliver to rough sleepers and those who are experiencing temporary accommodation. The Hub offers a range of professional from the site in the centre of town, including GPs, wound care nurses, mental health nurses, podiatrists, opticians, support staff from Samaritans, Shelter, and others.

We have also co-located with Change Grow Live (Inspire) to offer wrap around support to those needing Drugs and Alcohol services.

We have been working with an increased number of partners including Red Rose Recovery, Recycling Lives, Hope Prevails and others to work on increasing the communication and delivery of joint working on the ground.



Youth and Community Services

Our local community face challenges such as high deprivation, with 47% of young people in the immediate council wards growing up in low-income households. Aspirations in the area are low, and Preston continues to face some of the highest NEET (Not in Education, Employment, or Training) rates in Lancashire, alongside significant numbers of young people missing from education or awaiting a school place.

We support young people whose lives are frequently affected by criminal exploitation, domestic abuse, poor mental health, caring responsibilities, and involvement with Children's Social Care.

Young people's participation is central to our approach. Our Youth Forum is trained in the theories of participation and peer education, and its members mentor younger participants into leadership roles. The Forum played an essential role in securing £2.6 million from the Youth Investment Fund in 2023.

They undertook a residential earlier this year led by the young people where they co-facilitated sessions on 'your rights', social action and the power of politics. They were directly involved in the design of our new Youth Centre, which opened in June 2025, and worked closely with architects and builders to ensure that the new space reflects the needs of the community.



The Forum also led a fundraising campaign for a defibrillator and bleed kit, now available to the community 24 hours a day. Their stewardship of the site has contributed to the absence of any damage or antisocial behaviour during the demolition, rebuild, or since opening.



Beyond our direct services, we have been active in advocating for grassroots organisations across Preston, including supporting them in developing youth services such as Tanterton Village Community Centre.

We have collaborated with Preston City Council, Vault Youth Zone, Preston North End Community and Education Trust, and 89 local agencies to launch Preston's Youth Strategy in Sept 2025, drawing on consultation with approximately 1,400 young people.

Our Community work has grown and developed in strength and numbers this years with over 81 agencies using the community centre for groups, delivery and in partnership with Foxton.

This has developed in representing our diverse community and representing a range of adults young and old in building social connections locally for them.

There has been drop ins, targeted groups, training courses and community events as well as signposting and advice and support sessions. The center provides a safe space for multiple partners to offer ESOL lessons and additional social opportunities.



What do people say:



“When I was homeless, I started off just coming in just for breakfast and showers. This made me feel human again and helped me make better choices. I realised I wasn’t on my own. I eventually got accommodation. Now I am 5-6 months off alcohol but I still come to Foxton. I like the staff and it’s like a little community”.



“The Centre Cookalongs have changed my life. I’ve gained confidence in the kitchen, improved my English skills, and found a supportive community. It is wonderful.”

“And it helped me to speak English with confidence. I think events at Foxton Centre helped everyone.”

“Yesterday was excellent and amazing, starting with Zumba .My ladies are gorgeous, and they enjoyed it as usual. Good vibes after that, we got an amazing opportunity to meet wonderful ladies from community champions they give as advice and information about cervical screening.”

Sanctuary Cookalong ESOL and Cooking and Eat Sessions



Over these past three years Foxton have been a key partner on our ‘Invincibles’ Heritage Project. Whether participating in our heritage talks and workshops, or weaving their energy into the Giant Scarf Project, their adult group has been a constant source of inspiration. And of course, the enthusiasm of the participants is matched by the staff, whose genuine care and passion for the community is inspiring. Foxton is always a welcoming place to visit, and our heritage project is certainly all the richer for our partnership. We’re excited and privileged to continue collaborating and see what we can achieve next.

Michael, PNE





“Attending Foxton gives me something to do. I have to come here to see the GP too. It is my routine and I thrive off routine. The staff put me in the right direction for progressing and I know if I have problems, I can always drop into Foxton.”



“Without Foxton’s support, I would not be here as I had given up hope. Foxton gave me a chance by accommodating me when no-one else would. I was given lots of support to help me get my life back on track. I still attend Foxton day centre for support.”



“Foxton has helped me in so many ways in the past 10 years. From helping with my benefits, food, accommodation.

Foxton has pulled me back from being suicidal. Staff have given me the time to talk about my situation, given me mental health support and supported me into accessing mental health services.

I know I can always go to Foxton when I feel low or I need support with something”



Objectives and Strategic Priorities

Delivery

Homeless Services

Foxton remains committed to a multi-agency Homeless Hub in Preston where services are co-located and wrap around those who are experiencing homelessness. Working with all parties both public, private and the VSCFE sector to establish increase daily services for those in need.

Women's Services

Foxton plays an important role in supporting vulnerable and chaotic women who experience homelessness, street based sex working and those vulnerable and in crisis. We will strengthen our voice in collaboration with partners to help break down barriers for the women. Focusing on advocacy and accessibility for the women in accessing support.

Youth & Community

We will continue to play a key role in strengthening and advocating for young people with our strategic partners and the implementation of Preston's Youth Strategy. This includes strategic multi agency working as well as supporting grassroots youth providers across Preston.

Volunteers

We have an amazing team of volunteers from those who have lived experience and help us design our services and deliver on a daily basis, through to our community members who support us, and our trustees. Our charity couldn't run without them, so a huge thank you to them for their hardwork and commitment to Foxton.



Stakeholders

Engagement with all of our stakeholders remains key to Foxtons services. This includes continued relationship with existing and new partners and working alongside them to ensure that priorities across organisations are aligned enabling ourselves and others to shape and deliver services in response to our local community.



We intend to expand lived-experience involvement across our services, from Youth Ambassadors to peer involvement from women with experience of sex work and expanding our focus on Homeless Services.



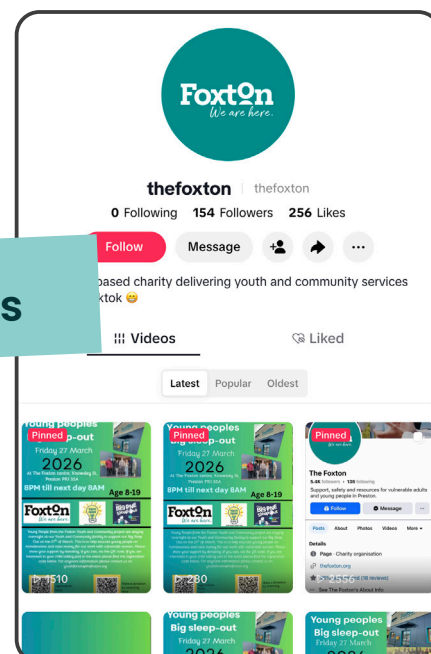
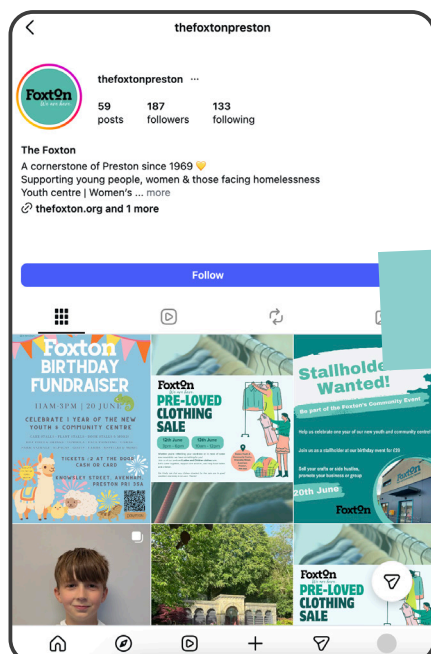
We also plan to develop skills and employment opportunities for our adults, building new partnerships with local businesses, similar to our existing programme with McDonald's, where young people receive employment opportunities alongside wrap-around safeguarding and support.



Through our advocacy and media, we hope to influence public perception by amplifying the voices of young people, vulnerable women and those experiencing homelessness, encouraging a shift away from narratives that portray them as part of an antisocial behaviour problem.

As part of this we have increased our social media platforms:

And our young people run our Tik Tok Account:



Please join us

Finance

Throughout 2026 -2027 we continue to build and strengthen relationships with funders, supporters and commissioners. As well as diversifying funding streams in order to ensure a sustainable future.

The challenges facing our community continue to grow. Costs have risen across all areas of service delivery, from food and utilities to staffing and building maintenance. At the same time, demand for our support is increasing as more people find themselves in crisis or struggling to cope with financial pressures, housing shortages, or personal difficulties.

We rely on a combination of grants, donations, partnerships, and community fundraising—including our Friends of Foxton philanthropic campaign—and despite strong local support, we continue to face significant financial pressures.

Additional financial contributions allow us to reach more people, provide consistent support, maintain safe and welcoming spaces, and invest in the skilled staff who form the backbone of our work. Stable funding also enables us to respond quickly to emergencies and develop innovative approaches to emerging challenges.

During 25/26, we continued to prioritise spending the money we raise on delivering the frontline support to all the people we welcome across our services.

Financially it was a year of completion and change, but also steadfast consistency in the breadth of services we offer.

Completion

We received the last of the £2.5million funding we were awarded from the Youth Investment Fund to complete the build of our brand-new Youth & Community Centre in the heart of the city.



Change

We changed the profile of the services we offer by taking the decision to end our accommodation services. This change will adjust our reported income considerably for the year ahead as just over 50% of our income in 25/26 related to accommodation.

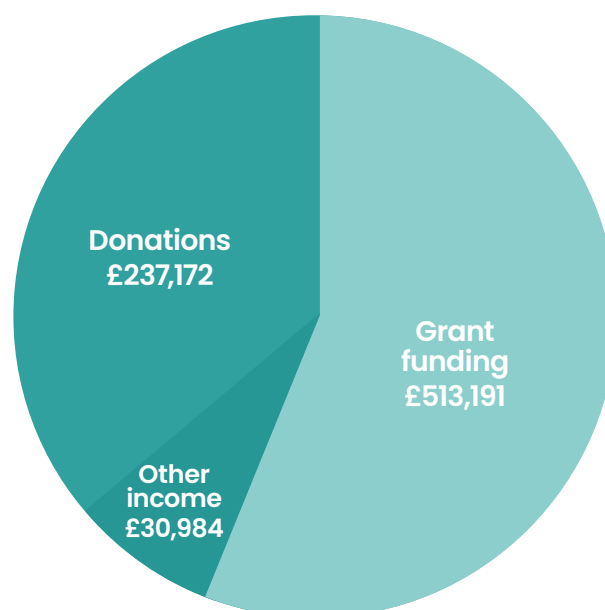
As a charity, it is only the organisations and individuals who support us that make our work possible.



Consistency

Despite all the changes, both outside and inside the charity, we are proud to have remained consistent in the quality and breadth of support we provided across all our core services.

Service	Funding spend
Women's Services	£65,533
Homeless Services	£373,081
Youth & Community Services	£249,986



This shows the vital role that each and every one of our donors plays in keeping our services going. To everyone who has supported us, we extend you a huge heartfelt thank you. If you're not already, and you're interested in becoming a Friend of Foxton, go to the link below:

thefoxton.org/work-with-us/friends-of-foxton

Year June 2025 – June 2026

This past year has been a year of change and transition. The numbers represented here demonstrate the individuals we support each and every day, and each number is someone's story.

From helping a new mum who needs support with food and nappies to supporting some of our clients at the end of their lives.

Whether that is providing food to all young people who enter our spaces every day of the week through to supporting those who need life saving medical interventions in hospital.

Foxton continues to be here for those who need us.



Young people who have accessed Foxton:

153 young people intensively supported with over **2199** attendances.



Preston Bus Station project:

1154 engagements with young people in the last 12 months.



Youth and Community Sessions:

We have directly run **339** sessions within the Youth and Community Centre. However, in addition **81** External agencies have used the Youth and Community Centre to deliver their programs in the last 12 months. With over **94** ESOL classes provided with our partners from PUKAR and Sanctuary Cookalong.



Homeless Hub Services:

We have supported **687** Individual rough sleepers in the last year. With **8793** attendances in the Homeless Hub and over **419** sessions run over the year.



Women supported:

160 Individuals with **2162** engagements in outreach and drop-in services.



Accommodation Services:

We have supported **77** individuals in our accommodation last year.

*** Data is a 12 months period either 1st April 2025 – March 2025, or Youth and Community May 2025 – April 2026***

Significant successes

We have a number of significant successes this year which we need to highlight:

- ✓ Our young people and volunteers winning and being finalists for awards
- ✓ Opening our community cafe with lived experience volunteers
- ✓ Women telling their stories in our Silent Voices film and co delivering our training package
- ✓ With our partners from Park View Medical Surgery we have had over 705 clinical presentations in 12 months, with 60 mental health appointments and 151 hospital admission avoidances at the Homeless Hub in the last 12 months.
- ✓ Increasing the awareness of Hidden homeless women and girls

Our clients feedback evidences:

35% said we helped with accessing Probation services.

18% said we supported them with a violent incident including sexual violence.

67% said we helped them register with a GP.

97% said they would recommend Foxton to someone in a similar situation.

35% of people who accessed our service were new in the last 12 months.

73% of those who accessed our services said their life has improved.

75% said their mental health improved due to using our services.

51% said their physical health had improved.

59% said Foxton had helped them sustain their accommodation and avoid eviction.

In partnership with...



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